



Fall Prevention Guidelines

1. All fall protection equipment shall meet or exceed the appropriate **American National Standards Institute (ANSI)** standard.
2. Ladders, walkways, work platforms, and open-sided floors shall comply with Occupational Safety and Health Administration (OSHA) regulations or fall protection must be used.
3. All personnel exposed to a potential free fall > six feet must receive fall protection training.
4. Safety approved aerial lifts may be used for working at heights, however, all operators must wear approved fall protection and be secured by a lanyard when the working height is six feet or higher.
5. Lanyards must be attached to prevent a free fall of six feet.
6. Approved attached points shall be established and marked in areas where lifelines and lanyards are used regularly. Lifeline attach points shall be capable of supporting a load of 5,400 pounds.
7. All fall protection equipment shall be visually inspected for defects prior to each use. If there is evidence of excessive equipment wear or deterioration or if mechanical malfunction is detected, the item shall be removed from service.
8. Fall protection equipment and assemblies shall be inspected according to the manufacturer's recommendations. Each belt and lanyard shall bear manufacturer identification marks.
9. Safety belts or lanyards that have been subjected to an impact load shall be destroyed. Load testing shall not be performed on fall protection equipment.
10. Personnel requiring the use of fall protection equipment shall employ the "Buddy System" or have an observer to render assistance when and if required. A trained observer must be present when personnel are performing work involving confined space entry.